

FIFTH ANNUAL JOSE CERDA SWIM CLINIC



October 25, 2015
at the Mason Community Center
6050 Mason-Montgomery Road. Mason, Ohio 45040



Speaker: Olympic swimming coach **Eddie Reese**
Head coach of the Texas Longhorns men's swimming and diving team



Free admission for Coaching staff of swim teams with 10 or more swimmers registered for the Clinic.

ASCA has donated one complete set of Levels 1-5 Required Certification Schools to be raffled among attending coaches.

To sign up, control+click the link [Jose Cerda Swim Clinic](#) or send an e-mail message to: jcswimclinic@cinci.rr.com to have the registration link sent to you. \$40 PER SWIMMER. All fees payable to Jose Cerda Aquatic Foundation and mailed to P.O. Box 12918 Cincinnati, OH 45212.

Why ?

This Swim Clinic is in memory of the swimmer José Cerdá, who passed away during a swim practice the day of his 18th birthday on October 26, 2010. Jose's 'Point Zero One' moment was the inspiration to create this swim clinic. José sadly missed his sectional time cut in 100 m back stroke by 0.01 seconds. This difference, the smallest measurable in swimming, had a huge impact on José. Rather than being disappointed, José became more dedicated to the sport to shave that one hundredth of a second from his time to qualify for the event. The José Cerdá Aquatic Foundation (JCAF) would like to inspire a 'point zero one' moment on every participant of this swim clinic, because the smallest difference can have a BIG impact.

This Swim Clinic is sponsored by the:



This Foundation, JCAF, has been established to honor José Cerdá by benefiting the sports he loved, swimming and water polo. For more information about JCAF, a 501 (c) 3 non-profit organization, please visit www.jcafoundation.org . José was constantly striving to move to the next level of athletic performance while also having fun and supporting his teammates and fellow competitors. For more information about Jose's life, please visit the Memorial website www.joseito.webs.com

